



Drayton Boylston

The Mindfulness Mentor™



DraytonB.com

Support@DraytonB.com

1.800.526.6038

"I feel truly blessed to have had you come into my life at this time. Your caring message and work are truly inspirational."

~Pat Turner - IBM



twitter

<https://bit.ly/2VwSsug>



LinkedIn

<https://bit.ly/2Hfxrvi>



facebook

<https://bit.ly/2LRkbBE>

Speaking Topics

The Mindful Leader

How Mindfulness can boost employee engagement, creativity, decision making... and happiness!

Woo Woo Meets Wall Street

How I *saved myself from the life I created™* and how my journey can help you on yours.

Mindful or Mind- Full?

How embracing Mindfulness can help reduce stress, provide more meaning and purpose, and boost levels of happiness.

Coaching in the Workplace

How embedding Coaching in the Workplace will increase levels of engagement, reduce turnover, and boost productivity.

Bio

A "recovering" successful CEO who moved from the boardroom to the mediation cushion to help *Bring Mindfulness to the Mainstream.™*

Author of four bestsellers. He has shared the stage with the biggest names in the leadership development world. Trained over 30,000 people in 39 countries.

As seen in:

San Francisco
Chronicle



Harvard
Business
Review



Offerings and rates

1 hour workshop

Powerful primer on personal Mindfulness practices

\$ 4500 - \$ 9500

Keynote address

Talks focused on your desired outcomes with tangible takeaways for your audience

\$ 4500 - \$ 9500

Half day seminar

Inspiring working session focused on practical tools and resources

\$ 9500 - \$ 12500

Full day seminar

Immersive experiential program that dives deeper into personal development practices.

\$15000 - \$ 20000